

# Lemsip Cough Max for Chesty Cough & Cold Powder for Oral Solution



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
RB UK  
**Pack size**  
10 sachets  
**RRP**  
£5.49  
**Legal Status**  
(GSL)



## Uses

For the relief of symptoms of colds and flu including aches and pains, sore throat, headache, nasal congestion, lowering of temperature and chesty coughs.



## Format and Ingredients

Sachet containing:

Paracetamol 1000mg, Guaifenesin 200mg, Phenylephrine Hydrochloride 12.2mg,



## Dosage

Adults and adolescents 12 years and over: 1 sachet dissolved by stirring into hot water and sweetened to taste. Dose may be repeated in 4-6 hours.  
Maximum 4 sachets in 24 hours.  
Children: not to be given except on medical advice.