

# Equazen Family Capsules



**Category**  
Vitamins, Minerals and  
Nutritionals

**Manufacturer**  
SOHO FLORDIS UK LTD

**Pack size**  
60, 180, 360

**RRP**  
£8.83, £24.30, £41.98

**Legal Status**

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## Uses

## Format and Ingredients and %NRV

Containing per 2 capsules:

Omega-3 Fish Oil 800mg, Of which EPA 186mg, DHA 58mg,  
Omega-6 (evening primrose oil) 200mg, Of which GLA 20mg,

## Dosage

Over 5 years: 6 capsules per day with food for first 12 weeks,  
then 2 capsules per day. Under 5 years: not suitable.