

Sanatogen A-Z Complete



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
BAYER PLC
Pack size
30, 60, 90
RRP
£4.75, £8.15, £11.25
Legal Status



Uses



Format and Ingredients and %NRV

Tablet containing:

Vitamin A 906mcg RE 113, Vitamin D 5µg 100, Vitamin E 11mg ?-TE 92, Vitamin C 60mg 75, Vitamin B1 (thiamin) 1.4mg 127, Vitamin B2 (riboflavin) 1.6mg 114, Niacin 18mg NE 113, Vitamin B6 2mg 143, Folic Acid 200µg 100, Vitamin B12 1.3µg 52, Biotin 150µg 300, Pantothenic acid 6mg 100, Vitamin K 20µg 27, Calcium 200mg 25, Phosphorous 145mg 21, Iron 14mg 100, Magnesium 100mg 27, Zinc 15mg 150, Iodine 150µg 100, Copper 1000µg 100, Manganese 1mg 50, Chromium 25µg 63, Selenium 55µg 100, Potassium 40mg 2,



Dosage

Over 12 years: 1 tablet a day with water. Under 12 years: not recommended.