

# Haliborange Teens Omega-3 and Multivitamins Orange Softies



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
P&G HEALTH  
**Pack size**  
30  
**RRP**  
£6.00  
**Legal Status**



## Uses



## Format and Ingredients and %NRV

Softie containing:

Flaxseed Oil 220mg, Providing Omega-3 (ALA) 100mg,  
Vitamin A 400mcg RE 50, Vitamin D 2.5µg 50, Vitamin E 6mg  
? -TE 50, Vitamin C 60mg 75, Niacin 8mg NE 50, Vitamin B6  
1.4mg 100, Vitamin B12 2.5µg 100, Pantothenic acid 6mg  
100,



## Dosage

Teenagers: 1-2 fruit softies daily.