

Emergen-C



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PFIZER CONSUMER
HEALTHCARE
Pack size
8 sachets, Orange 24
RRP
£4.99, £13.99
Legal Status

Uses

Format and Ingredients and %NRV

Powdered effervescent vitamin C drink containing per sachet:

Vitamin C 1000mg 1250, Vitamin B1 (thiamin) 1.5mg 136, Vitamin B2 (riboflavin) 1.7mg 121, Vitamin B6 6mg 429, Vitamin B12 18µg 720, Vitamin D 10µg 200, Folic Acid 100µg 50, Pantothenic acid 5mg 83, Potassium 300mg 15, Calcium 120mg 15, Magnesium 95mg 25, Manganese 0.575mg 29, Chromium 10µg 25, Zinc 3mg 30,

Dosage

18 years and over: 1 sachet to be taken each day dissolved in a glass of water.
Available in orange, lemon and strawberry flavours.