

Nytol Anti-Snoring Throat Spray

**Category**

Sleep and Travel

Manufacturer

PERRIGO

Pack size

50ml

RRP

£14.99

Legal Status

MD

**Uses**

To help reduce snoring throughout the night.

**Format and Ingredients**

Foam spray containing:

Phosphatidylcholine, Carrageenan, Rosehip Extract,

**Dosage**

Over 18 years: use before going to bed. Attach diffuser to the nozzle and shake can vigorously. Hold can upside down and dispense the foam towards the back of the throat for one second then swallow. Repeat sequence two, three and four times.