Kalms Day



Category

Sleep and Travel Manufacturer **G R LANE HEALTH** PRODUCTS Pack size 84, 200 RRP £6.35, £9.35 Legal Status (GSL), (GSL)

🌣 Uses

A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, based on traditional use only.

Format and Ingredients

Sugar coated tablet containing:

Valerian Root Extract (Valeriana officinalis L.) 33.75mg,

Dosage

Over 18 years: 2 tablets 3 times a day with water after meals. Maximum daily dose is 6 tablets. Under 18 years: not suitable.

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