

# Happinose



**Category**  
Cough, Colds and Sore  
Throat

**Manufacturer**  
DIOMED  
DEVELOPMENTS LTD

**Pack size**  
14g

**RRP**  
£3.52

**Legal Status**  
(GSL)



## Uses

For the symptomatic relief of nasal congestion associated with the common cold, catarrh, head colds and hay fever. Blow nose before application.



## Format and Ingredients

Ointment base containing:  
Levomenthol 0.3% w/w,



## Dosage

Adults: apply up to 1cm of ointment in and around each nostril using the little finger, and inhale through the nose. Re-apply every four hours or as required. Children 10 years and over: as for adults but use up to half a cm. Children aged 5-9 years old: use up to one quarter of a cm. Children under 5 years: not recommended.