

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Orange Flavour Liquid



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
P&G HEALTH
Pack size
150ml, 300ml
RRP
£4.62, £7.84
Legal Status
,



Uses



Format and Ingredients and %NRV

Liquid containing in 10ml:

Cod liver oil and fish oil 2.9g, Omega-3 Nutrients 650mg, Of which EPA 195mg, DHA 305mg, Vitamin C 50mg 63, Vitamin D 6µg 100,



Dosage

Adults and children over 3 years: two 5ml teaspoonsful daily.