Kalms Rhodiola Tablets



Category Sleep and Travel Manufacturer **G R LANE HEALTH** PRODUCTS Pack size 20 RRP £9.99 Legal Status (GSL)

🗘 Uses

A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, such as fatigue, exhaustion and mild anxiety. Based on traditional use only.

\mathbb{Z} Format and Ingredients

Tablet containing:

Rhodiola Rosea Root Extract 200mg (Rhodiola rosea L. rhizome and root),

Dosage

Over 18 years: 1 tablet twice a day, one before breakfast and one before lunch. Under 18 years: not suitable.

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