

Kalms Lavender One-A-Day



Category
Sleep and Travel
Manufacturer
G R LANE HEALTH
PRODUCTS
Pack size
14
RRP
£7.16
Legal Status
(GSL)



Uses

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness. Based on traditional use only.



Format and Ingredients

Violet soft capsule containing:

Lavender oil (Lavandula angustifolia Miller, aetheroleum)
80mg,



Dosage

Over 18 years: 1 capsule daily with water.
Under 18 years: not suitable.