

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Maximum Strength Liquid



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
P&G HEALTH
Pack size
150ml, 300ml
RRP
£5.42, £8.42
Legal Status
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Uses



Format and Ingredients and %NRV

Golden yellow liquid containing in 10ml:

Fish Oil 6.8g, Cod Liver Oil Blend 2.4g, Providing Omega-3
Nutrients 2300mg, Of which EPA 955mg, and DHA 825mg,
Vitamin D 5µg 100, Vitamin E 10mg ?-TE 83,



Dosage

Over 15 years: two 5ml teaspoonfuls daily. Over 11 years: one
5ml teaspoonful daily.