

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil + Turmeric



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
P&G HEALTH
Pack size
30 + 30
RRP
£17.00
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:
Vitamin D 5µg 100, Fish Oil Blend 525mg, Of which Cod Liver Oil 268mg, Omega-3 Nutrients 120mg, Of which EPA 36mg, DHA 49mg, Tablet containing:Turmeric extract (Curcuma Longa L.) 85mg,



Dosage

Over 12 years: one capsule & one tablet a day.